

Welcome!

Equity and Justice-Focused Counselor Training Project Information Meeting

Friday, December 15th, 2023

Drs. Chronister, O'Shaughnessy & Strear



This project is supported by (1) the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$1,905,974 with zero percentage financed with non-governmental sources and (2) Department of Education (DOE) as part of an award totaling \$5,667,660. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS, DOE, or the U.S. Government.

Today

Project Overview

Stipend Recipient Expectations

How to Apply

Q&A

Training Partner Presentations

Our Graduate Assistants!



Jace Perry



Sara Guerrero



Kiauna Day-Smith



Lennon Fanning



Project Overview



Equity and Justice-Focused
Counselor Training Project

Website:

<https://ibhequity.sfsu.edu/>

Equity & Justice-Focused
Counselor Training
Project

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graph TD; A[Equity & Justice-Focused Counselor Training Project] --- B[Integrated Behavioral Health Training (HRSA)]; A --- C[School-Based Mental Health Training (DOE)]; A --- D[Disability Training Project (Dr. Fitz & Dr. Chronister will hold another information meeting for this project)];
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Integrated Behavioral
Health Training (HRSA)

School-Based Mental
Health Training (DOE)

Disability Training Project
(Dr. Fitz & Dr. Chronister
will hold another
information meeting for
this project)

School-Based Mental Health Project – Objectives

- 5-year grant funded by the US Department of Education's Mental Health Service Professional Demonstration Grant Program
- Partnership between SF State, Oakland Unified School District, San Francisco Unified School District
- Designed to increase the supply of school-based mental health professionals from culturally and linguistically diverse backgrounds who are qualified to provide comprehensive services for K-12 students in high-need schools

School-Based Mental Health Project – Student Expectations

- Complete school-based fieldwork for one academic year in a project approved high-need K-12 school.
- Provide a plan to obtain employment in a high-need, school-based work setting within six months of graduation.
- Complete one academic year of full-time service as a school-based mental health provider in a high-need school and inform the project coordinator of your service completion.
- Provide project staff with post-graduate employment data every six months until the service commitment is fulfilled.
- If you are unable to fulfill your one academic year of service within three years of your graduation date, you agree to return the 10k stipend. No interest will be accrued.

High-Need School means a school that, based on the most recent data available, meets the following criteria:

- (1) An elementary school that serves students with no less than 60 percent of whom are eligible for a free or reduced-price school lunch under the Richard B. Russell National School Lunch Act.
- (2) A middle or high school that serves students with no less than 45 percent of whom are eligible for a free or reduced-price school lunch under the Richard B. Russell National School Lunch Act.

School-Based Mental Health Project – Notes & Questions

- Site Supervisor Stipends
- Clinical Supervision for PPSC, APCC, AMFT
- Advisory Board
- Annual professional development opportunities with an emphasis on culturally affirming, evidence-based, school-based mental health practices that foster identity-safe environments
 - Advocating Student-Within-Environment
- We want to hear from you!
- ???

Integrated Behavioral Health Counselor Training

Project Objectives



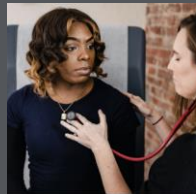
To increase the supply of counselors trained in **Integrated Behavioral Health**



To increase the supply of counselors trained to work with **youth** from **Medically Underserved Communities**



To increase the supply of counselors from **culturally and linguistically diverse backgrounds** to work in IBH



To increase the supply of counselors working in our **FQHCs**, our **HPSAs**, **MUCs**, and in **Rural Areas**.

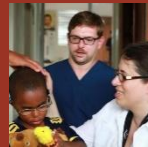
Student Expectations



Attend/view Project Webinars
(Live and/or Pre-recorded)



Complete Final Year Internship in
approved IBH site



Commitment to working in Medically
Underserved Communities, Primary
Care Settings, and/or in a Rural Setting.



Respond to Chronister's request
for Information pre and post
graduation 😊

What is Integrated Behavioral Health?

Behavioral health is an umbrella term that includes mental health and substance abuse conditions, life stressors and crises, stress-related physical symptoms, and health behaviors. Behavioral health conditions often affect medical illnesses.

Integrated behavioral health care blends care in one setting for medical conditions and related behavioral health factors that affect health and well-being. Integrated behavioral health care, a part of “whole-person care,” is a rapidly emerging shift in the practice of high-quality health care. It is a core function of the “advanced patient-centered medical home.”

Integrated behavioral health care is sometimes called “behavioral health integration,” “integrated care,” “collaborative care,” or “primary care behavioral health.” No matter what one calls it, the goal is the same: better care and health for the whole person.

Providers practicing integrated behavioral health care recognize that both medical and behavioral health factors are important parts of a person’s overall health. Medical and behavioral health clinicians work together as a team to address a patient’s concerns. Care is delivered by these integrated teams in the primary care setting unless patients request or require specialty services. The advantage is better coordination and communication, while working toward one set of overall health goals.

Placement Type



Medically Underserved Community (MUC)

A geographic location or population of people eligible for designation by the federal government as a Health Professional Shortage Area, Medically Underserved Area, Medically Underserved Population, or Governor's Certified Shortage Area for Rural Health Clinic.



Medically Underserved Populations (MUP)

Federally designated population groups having a shortage of personal health services, often defined as groups who face economic, cultural, or linguistic barriers to health care, and limited access to services. MUP also includes populations such as people experiencing homelessness, migrant or seasonal workers, and residents of public housing.



Healthcare Professional Shortage Areas (HPSA)

A geographic area, population group or facility designated by HRSA as having shortages of primary medical care, dental or mental health providers. A HPSA may be a geographic area such as a county or service area; represent a specific demographic, such as a low-income population, or are a designated institution such as a federally qualified health center. <https://data.hrsa.gov/tools/shortage-area/by-address>)

Placement Setting



Federally Qualified Health Center (FQHC)

Centers for Medicare & Medicaid Services-certified facilities that primarily engage in providing services typically furnished in an outpatient clinic. Many, but not all, HRSA Health Center Service Delivery Sites are also FQHCs.



Primary Care

A setting with integrated, accessible health care services by clinicians who are accountable for addressing a large majority of personal health care needs, developing a sustained partnership with patients, and practicing in the context of family and community.



Rural Setting

A geographical area located in a non-metropolitan county, or an area located in a metropolitan county designated by the Federal Office of Rural Health Policy as rural.

HEALTH CENTERS are consumer-driven and patient-centered organizations that serve as a comprehensive and cost effective primary health care option for America's most underserved communities. Health centers increase access to health care and provide integrated services based on the unique needs of the communities they serve.

There are **four key components** that define health centers & help them reach America's most underserved communities

1

Located in Areas of High Need

Designated as medically underserved areas or populations by the federal government

2

Comprehensive Set of Services

Based on community needs, health centers offer medical, dental, vision, behavioral health, and enabling services

3

Open to Everyone

Regardless of insurance status or ability to pay, and offer sliding fee scale options to low-income patients

4

Patient-Majority Governing Boards

At least 51% of every health center's governing board must be made up of patients

Our FQHCs! (SF County)

MEMBER CLINICS



Our FQHCs! (Alameda County)

LifeLong
Medical
Care



Health Services For All Ages
a california *health+* center



La ClínicaSM
a california *health+* center



West Oakland Health



ASIAN HEALTH SERVICES



NATIVE AMERICAN
HEALTH CENTER
Serving the community since 1972

axis
community
health



TIBURCIO VASQUEZ
Health Center



BAY AREA
COMMUNITY
HEALTH

SF Community Health Center



La Clinica





Project Webinars

Webinars

Upcoming Webinars for 2023-2024 Stipend Recipients and Community



Student Voices and Advocacy for Student Mental Health

Dr. Amir Whitaker, Esq and students from the ACLU's Youth Liberty Squad will be presenting our fourth webinar of our 2023-2024 Equity and Justice in Integrated Behavioral Health training series. The one-hour presentation is titled: [Student Voices and Advocacy for Student Mental Health](#) and will take place on **Thursday, Feb. 8, 2024, at 4 p.m. Pacific via Zoom**. One free continuing education credit is available for California based LMFT, LPCC, and LCSW who attend the live webinar session.

[Register for Student Voices and Advocacy for Student Mental Health](#)



The What and Why of Culturally Responsive Integrated Care

Erica Gomes, LCSW from [La Clínica](#), will be presenting as part of our Equity and Justice in Integrated Behavioral Health training series. The one-hour presentation is titled: [The What and Why of Culturally Responsive Integrated Care](#) and will take place on **Friday, Mar. 15, 2024, at 10:00 a.m. Pacific via Zoom**. One free continuing education credit is available for California based LMFT, LPCC, and LCSW who attend the live webinar session.

[Register for The What and Why of Culturally Responsive Integrated Care](#)

Pre-Recorded Webinars for 2023-2024 Stipend Recipients



Supporting Justice Involved Youth in Schools and Community Settings

Ms. Hattie Tate, MA (she/her/hers) from Alameda County Juvenile Justice Center presented as part of our Equity and Justice in Integrated Behavioral Health training series. The one-hour presentation is titled: [Supporting Justice Involved Youth in Schools and Community Settings](#) and took place on **Friday, Nov. 17, 2023, at 11 a.m. Pacific Time**.

[Supporting Justice Involved Youth Presentation Slides](#) | [HRSA Stipend Recipient Evaluation Link for Supporting Justice Involved Youth](#)

[English Version of the Webinar](#) | [Spanish Version of the Webinar](#)

[Register for Supporting Justice Involved Youth Webinar](#)



Trans Affirmative Care in Integrated Behavioral Health

Oak Reed, PhD (he/him/his) presented in our Equity and Justice in Integrated Behavioral Health training series. The one-hour presentation is titled: [Trans Affirmative Care in Integrated Behavioral Health](#) and took place on **Friday, Oct. 6, 2023 at 10am Pacific Time**.

[Trans Affirmative Care Presentation Slides](#) | [HRSA Stipend Recipient Evaluation Link for Trans Affirmative Care](#)

[English Version of the Webinar](#) | [Spanish Version of the Webinar](#)

[Watch for Trans Affirmative Care Webinar](#)



Hablar es Sanar: Sustainable Trauma Informed Bilingual and Bicultural Integrated Behavioral Health

Bryan O. Rojas-Araúz presented a one-hour webinar titled: [Hablar es Sanar: Sustainable Trauma Informed Bilingual and Bicultural Integrated Behavioral Health](#) that took place on **Thursday, April 6, 2023**.

[Hablar es Sanar Presentation Slides](#) | [HRSA Stipend Recipient Evaluation Link for Hablar es Sanar](#)

[English version of webinar](#) | [Spanish version of webinar](#)

[Watch Hablar es Sanar Recording](#)



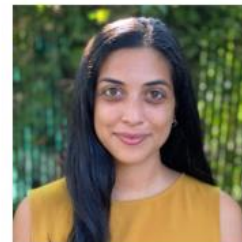
A Multicultural Orientation Framework Approach to Addressing Racial Disparities in Behavioral Health Care

Dr. Karen Tao from the [Culture and Diversity Lab](#) at the University of Utah, presented in our Equity and Justice in Integrated Behavioral Health training series. The one-hour presentation is titled: [A Multicultural Orientation Framework Approach to Addressing Racial Disparities in Behavioral Health Care](#) and took place on **Friday, Jan. 28, 2022**.

[MCO Framework Presentation Slides](#) | [HRSA Stipend Recipient Evaluation Link for MCO Framework Webinar](#)

[English version of webinar](#) | [Spanish version of webinar](#)

[Watch Multicultural Orientation Webinar Recording](#)



Public Healthcare Systems, Medi-Cal, Managed Care, FQHCs, and IBH

Samira Pingali and Clinicians from the [Community Health Center Network](#) in Alameda County presented in our Equity and Justice in Integrated Behavioral Health training series. The one-hour presentation is titled: [Public Healthcare Systems, Medi-Cal, Managed Care, FQHCs, and IBH](#) and took place on **Tuesday, Oct. 19, 2021**.

[Public Healthcare Systems Presentation Slides](#) | [HRSA Stipend Recipient Evaluation Link for Public Healthcare Systems](#)

[English version of webinar](#) | [Spanish version of webinar](#)

[Watch Public Healthcare Systems Webinar Recording](#)



Recognizing Ableism in Health Care Delivery and Developing Anti-Ableist Practices

Erin E. Andrews presented a one-hour webinar titled: [Recognizing Ableism in Health Care Delivery and Developing Anti-Ableist Practices](#) that took place on **Friday, May 12, 2023**.

[Recognizing Ableism Presentation Slides](#) | [HRSA Stipend Recipient Evaluation Link for Recognizing Ableism](#)

[English version of webinar](#) | [Spanish version of webinar](#)

[Watch Recognizing Ableism Recording](#)



Liberation Psychology: Trauma Informed Integrated Behavioral Health

Dr. Thema Bryant, President-Elect of the American Psychological Association and professor of psychology in the Graduate School of Education and Psychology at Pepperdine University, presented in our Equity and Justice in Integrated Behavioral Health training series. The one-hour presentation is titled: [Liberation Psychology: Trauma Informed Integrated Behavioral Health](#) and took place on **Monday, May 23, 2022**.

[Liberation Psychology Presentation Slides](#) | [HRSA Stipend Recipient Evaluation Link for Liberation Psychology Module](#)

[English version of webinar](#) | [Spanish version of webinar](#)

[Watch Liberation Psychology Webinar Recording](#)



How to Apply?

1. Submit the one-page Qualtrics application located on our EJF-IBH Website
2. Read the *Student Commitment Form*
3. Receive email notice of award decision
4. If awarded, student completes *Student Stipend Form* and the *Student Commitment Form* (via DocuSign)
5. Students receives \$10K in Mid-August 2024



Equity & Justice-Focused Integrated Behavioral Health
Counselor Training Project (EJF-IBH)
Trainee Agreement Form

The EJF-IBH is designed to address the behavioral health crisis among California youth by increasing the supply of equity and justice-focused (EJF) integrated behavioral health (IBH)-trained counselors accessible to California youth – particularly those from culturally and linguistically diverse backgrounds living in health professional shortage areas (HPSAs). This project will establish an EJF-IBH workforce pipeline between SF State’s counselor training program and Bay Area community health centers located in HPSAs, including Federally Qualified Health Centers (FQHC). This project is funded by the Department of Health and Human Services, Health Resources and Services Administration (HRSA Project #M0141989).

Students enrolled in the SFSU Department of Counseling Master’s Counselor Training Program who are starting their 2nd + year internship in Fall 2021 are eligible to participate in the EJF-IBH training project. Those participating in the training will receive a **\$10,000 stipend** for the 2022-2023 academic year. Please be advised that the stipend may impact Financial Aid. Given the goals of the grant, priority will go to those students who are from culturally and linguistically diverse backgrounds. To participate in this training project, stipend recipients must agree to the following expectations (please check the following):

- I am committed to learning and practicing EJF-IBH with youth from culturally and linguistically diverse backgrounds in healthcare practice shortage areas (HPSA)
- I am enrolled full or part-time in SF State’s graduate counseling program
- I will complete the project’s ten EJF-IBH didactic training modules
- I will complete a project approved 2nd (or 3rd) year internship for one academic year and receive a grade no lower than a “B” in COUN 890/891/850
- I will provide project staff with a plan to obtain employment in an IBH-oriented, FQHC and/or HPSA work setting within six months of graduation
- I will provide project staff with post-graduate employment data for a minimum of one-year post-graduation
- I am a citizen, national, or permanent resident of the United States
- If applicable, I will apply for a National Provider Identifier (NPI) for the purposes of collecting post-graduation employment demographics

Printed Stipend Recipient Name _____ SF State ID # _____

Student Signature _____ Date _____

Project Director Signature _____ Date _____

6-18-21 Version

I. TRAINEE’S NAME _____
(Last, First, Middle Initial – Please Print)
LOCAL ADDRESS _____
(Street Number & Name City State Zip)
TRAINEE’S SOCIAL SECURITY NO. _____
TEL # _____ ACCT # **622808** FUND # **40976** DEPT # **3080**
ADMIN. A/C # _____ PROG # _____ CLASS # _____ PROJ # **40976000**

II. STATEMENT OF TRAINEE:
Degree Being Sought: _____ Date Degree Expected: _____
Major Field: _____
Education (Circle Highest Attended): High School 1 2 3 4
College 1 2 3 4
Post Bac. 1 2 3 4; Degree(s) Earned: _____
Receiving salary or other financial support from SFSU or SFSUI during current academic period: Yes _____ No _____
If Yes, give details including type, source, and dates: _____
Stipend Received Prior Years: Yes _____ No _____ Years _____
U.S. Citizen Yes _____ No _____
No. of Units Currently Enrolled: _____
I certify that I am aware that this award may impose restrictions on my receipt of other financial benefit from Foundation, University, or U.S. Government funds and I will immediately notify the Project Director of any change in the information stated herein.
SIGNATURE OF TRAINEE: _____ DATE _____

III. STATEMENT OF PROJECT DIRECTOR
Will the Trainee be required to perform services for this financial support?
Yes _____ No X
If Yes, briefly describe services: _____
Are these services an academic requirement? Yes _____ No X
Trainee has _____ years of relevant work experience.

PERIOD OF AWARD	08-15-22	to	5-27-23
	Mo. Yr.		Mo. Yr.
GRAND TOTAL, STIPEND AWARD	\$ 10,000		
AMOUNT OF EACH PAYMENT	\$ 5,000		

This Trainee is qualified for the proposed training, is eligible to receive the financial support, and the amount of the award as stated herein conforms with sponsor guidelines. I shall forward to the University any information which might affect continued eligibility for this support, as well as copies of any relevant documents required by the project sponsor. I shall also inform the SFSU Financial Aid Office of this appointment.

PROJECT DIRECTOR NAME (printed): **Julie Chronister**
SIGNATURE: _____ DATE _____
SFSU FINANCIAL AID OFFICE _____ DATE _____

ACCOUNTING USE ONLY
APPROVED FOR
ENCUMBRANCE & ALLOWANCE
BY: _____
DATE: _____
ACCOUNTS PAYABLE PROCESSING
BY: _____
DATE: _____
DUE DATE: _____
CHECK #: _____
**CHECK PICK-UP
PLEASE CONTACT**

IV. TO BE COMPLETED BY
PROJECT DIRECTOR
PAYMENTS ARE DUE ON THE
FOLLOWING DATES:
1. 8-15-22
2. 1-15-23
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____
11. _____
12. _____



Q&A

Today's Community Partners

- Daly City Youth Health Center – Annya Shapiro
- SF Health Network Primary Care Services – Rita Perez
- Oakland Unified School District – Elizabeth Paniagua & Heather Graham
- San Francisco Community Health Clinic – Lance Dwyer
- Lifelong Medical Center – Dani Marchman
- San Francisco Unified School District – Ling Busche
- SFUSD Student Intervention Team – Carol Chao Herring
- La Clinica de La Raza – Manuel Arredondo & Evelyn Riley
- Planned Parenthood – Katie Nicole
- UCSF Child & Adolescent Services at ZSFG – Naomi Friedling
- Beau Sanchez (SFCCC) & Mia Cooper (CHCN)



Questions Regarding the Equity and Justice Focused Integrative Behavioral Health Training Project can be directed to:

ibhequity@sfsu.edu

To see a schedule of future events and archived webinars, visit:

ibhequity.sfsu.edu